

**GULF SWIMMING**  
**OLYMPIC TRIALS TIME STANDARDS**  
**QUALIFYING PERIOD: APRIL 1, 2005 THROUGH THE ENTRY DEADLINE**  
**2008**

WOMEN	EVENT	MEN
LCM		LCM
26.39	50 FREESTYLE	23.49
57.19	100 FREESTYLE	51.59
2:03.39	200 FREESTYLE	1:52.89
4:19.39	400 FREESTYLE	3:59.99
8:50.49	800 FREESTYLE	
	1500 FREESTYLE	15:53.59
1:04.59	100 BACKSTROKE	57.99
2:17.99	200 BACKSTROKE	2:04.99
1:12.59	100 BREASTSTROKE	1:04.69
2:35.99	200 BREASTSTROKE	2:20.79
1:02.39	100 BUTTERFLY	55.59
2:16.69	200 BUTTERFLY	2:03.99
2:20.49	200 IM	2:07.39
4:55.89	400 IM	4:30.49



