TWST 11&UP OPEN MEET
October 5 - 7, 2007

WARM UP LANE ASSIGNMENTS

Friday October 5 – Sunday October 7 - Group Warm-up Schedule

DAY	5:00 – 6:15 PM	7:30 – 8:05 AM	8:10 – 8:45 AM
Friday	Single Group		
Saturday		Group 1	Group 2
Sunday		Group 2	Group 1

Single Warm-up Group – Friday

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9
ESA	LSST	TWST	TWST	TWST	TWST	TWST	PACK	PACK
ETEX	TYES							
RICE								

Group 1 – Saturday and Sunday

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9
PACK	PACK	PACK	PACK	PACK	PACK	PACK	PACK	ETEX
								LJAC

LANE 10	LANE 11	LANE 12	LANE 13	LANE 14	LANE 15	LANE 16
PACK	PACK	TYES	TYES	TYES	TYES	

Group 2 - Saturday and Sunday

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

LANE 10	LANE 11	LANE 12	LANE 13	LANE 14	LANE 15	LANE 16
LSST	LSST	LSST	ESA	ESA	ESA	RICE

Lane Numbering

9	**8**	**7**	**6**	**5**	**4**	**3**	**2**	**1**	**10**	**11**	**12**	**13**	**14**	**15**	**16**

Deep End 50 Meter Pool

The indoor pool is available for warm ups and warm downs once the meet starts. No swimmers are allowed in the diving well.

TIMER LANE ASSIGNMENTS

Each team is responsible for providing timers. Two timers are needed for each lane. In order to keep the meet moving quickly and smoothly, we ask that each team(s) keep 2 timers in their assigned lane(s) throughout the entire meet. Where there are more than 2 teams assigned to a lane please coordinate timers. Swimmers entered in the 1000 Free must provide 2 timers and a lap counter. Thank you for your help!

FRIDAY, SATURDAY & SUNDAY TIMING ASSIGNMENTS

1	2	3	4	5	6	7	8	9
RICE	TYES	PACK	PACK	TWST	TWST	ESA	LSST	PACK
TYES								ESA
LJAC								ETEX