



July 3 – July 6, 2008

CHAMPIONSHIP SANCTION #GULC 08-014

TIME TRIAL SANCTION #GULC 08-015

HOSTED BY



Meet Referees: John Leneave & Claude Humbert

Meet Directors: Eric Amundsen & Mike Manning

Meet Entries Director: Scott Meyers

Safety Marshall: Heidi Allan

The Woodlands Athletic Center

1111 Winterberry Place

The Woodlands, Texas

Gulf Championships – July 3 – 6, 2008

WARM UP SCHEDULE AND LANE ASSIGNMENTS

WARM-UP SESSION	THURSDAY July 3	FRIDAY July 4	SATURDAY July 5	SUNDAY July 6
7:00 – 7:35 AM	Group 1	Group 2	Group 1	Group 2
7:40 – 8:15 AM	Group 2	Group 1	Group 2	Group 1

Group 1

1	2	3	4	5	6	7	8	9
MAC	HSC	TWST	TWST	TWST	FCST	FCST	BTA	BTA
HCAP	UNAT	TTST				SCAT		ESA
DADS								

Group 2

1	2	3	4	5	6	7	8	9
AGS	PACK	PACK	CFSC	CFSC	KATY	KATY	SPA	COOG
LSST	NOCH				CFSC	AQUA	NEHA	TYES
PEAK							NCAT	WHAT

The indoor pool is available for warm ups and warm downs once the meet starts. No swimmers are allowed in the diving well.

TIMERS - LANE ASSIGNMENTS

Each team is responsible for providing timers. Two timers are needed for each lane. In order to keep the meet moving quickly and smoothly, we ask that each team(s) keep 2 timers in their assigned lane(s) throughout the entire meet. Where there are more than 2 teams assigned to a lane please coordinate timers. Swimmers in the 400, 800 and 1500 freestyle events must provide 2 timers. Swimmers in the 800 and 1500 freestyle will also be required to provide their own lap counter. Thank you for your help!

Girls End

TIMING ASSIGNMENTS

1	2	3	4	5	6	7	8	9
HSC	PACK	PACK	CFSC	CFSC	FCST	BTA	BTA	KATY
HSC	SPA	PACK	CFSC	FCST	FCST	BTA	DADS	KATY

Teams not listed fill empty chairs as needed on girls end: MAC, AQUA, AGS, LSST, PEAK

Boys End

TIMING ASSIGNMENTS

1	2	3	4	5	6	7	8	9
HSC	PACK	PACK	CFSC	CFSC	FCST	BTA	MAC	HCAP
AGS/ESA	SPA	PACK	CFSC	FCST	FCST	BTA	AQUA	COOG

Teams not listed fill empty chairs as needed on boys end: DADS, LSST, SCAT, WHAT

	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GIRLS	<i>SHALLOW</i>	<i>DEEP</i>	<i>SHALLOW</i>	<i>DEEP</i>
BOYS	<i>DEEP</i>	<i>SHALLOW</i>	<i>DEEP</i>	<i>SHALLOW</i>