

TWST Open Meet

April 18 – 20, 2008

WARM UP LANE ASSIGNMENTS (Revised)

Group Warm-up Schedule

SESSION	5:00 – 6:15 PM	7:30-8:05 AM	8:10-8:45 AM	12:00-12:25 PM*	12:25-12:50 PM*
Friday,	Open, no assigned lanes				
Saturday AM, 13 & Over		Group 1	Group 2		
Saturday PM, 12 & Under				Group 1	Group 2
Sunday AM, 13 & Over		Group 2	Group 1		
Sunday PM, 12 & Under				Group 2	Group 1

*If the morning session runs past 12:00 noon; warm-ups for the afternoon will begin immediately upon the completion of the morning session and the afternoon session competition will commence one (1) hour after the completion of the morning session or 1:00 p.m., whichever is later.

Group 1

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
SCAT	HCAP	HCAP	TWST	TWST	AQUA	TYES	HSC	HSC
				AQUA				NEHA

Group 2

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
ESA	ESA	FCST	FCST	FCST	SPA	SPA	AGS	LSST
PEAK						GIST		COOG

The indoor pool is available for warm-ups and warm-downs during the meet. No swimmers are allowed in the diving well.

TIMER LANE ASSIGNMENTS (Revised)

Each team is responsible for providing timers. Two timers are needed for each lane. In order to keep the meet moving quickly and smoothly, we ask that each team(s) keep 2 timers in their assigned lane(s) throughout the entire meet. Where there are more than 2 teams assigned to a lane, please coordinate timers. Swimmers entered in the 400 Free must provide their own timers. Thank you for your help!

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
SPA	ESA	HCAP	TWST	TWST	FCST	FCST	HSC	TYES
LSST, NEHA	SCAT, AQUA	HCAP	TWST	TWST	FCST	AGS	GIST	COOG, PEAK