

**2007 BB & Under**  
**HOSTED BY**  
**Premier Aquatics Club of Klein**  
**Timed Yards Final Events, For Gulf Group A Teams**  
**June 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>, 2007**  
**SANCTION # GULC 07-011**

**LOCATION:** Klein Oak High School  
22603 Northcrest Drive  
Spring, TX 77388

Directions: : I.H. 45N take F.M. 2920/Spring Cypress exit, go 4.8 miles west turn right on Kuykendahl Rd, go 1.1 miles north turn right on Spring Stuebner go .6 miles turn left on Northcrest Dr. (map included with invitation)

**COACHES:** Michael McCauley Head Coach  
Shane McCauley Head Age Group Coach  
Jennie Shamburger Age Group Coach

**POOL:** Eight lane, 25 yard pool with non-turbulent lane lines with separate bulkhead warm down area

**TIME AND DATE:** This is a timed Final meet Friday, Saturday and Sunday June 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>, 2007  
Friday Warm-Up at 5:00 to 6:15, meet will begin at 6:30. Saturday and Sunday Warm-Up at 7:30 a.m., meet starts at 9:00 a.m. (TIMED FINAL EVENTS)  
***Split warm-ups will be in effect for Saturday and Sunday, with assignments posted on the Gulf Swimming web site and the psych sheets***  
Lane assignments for warm-ups and timing will be designated in the psych sheet, and posted on the Gulf Swimming website at least three days prior to the start of the meet.

**FLYOVER STARTS:** This meet will be run using the "Flyover Start" procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures.

**MEET REFEREE:** Jay Cookingham; Phone: 281-370-9755, Email: [jaycooker@sbcglobal.net](mailto:jaycooker@sbcglobal.net)

**MEET DIRECTOR:** Kevin Little, Phone: 281-257-2742, Email: [Kevin.Little@dhl.com](mailto:Kevin.Little@dhl.com)

**SAFETY MARSHAL:** Frank Patterson

**SAFETY GUIDELINES AND WARM-UP PROCEDURES:** See attached Safety Guidelines and Warm-up Procedures.

**SEEDING:** The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck rules.

**CHECK-IN:** All swimmers must check in with the Clerk of the Course for all events. Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. Relay cards are due at 9:30 AM daily or the entry will be considered scratched. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman Herb Schwab, for each event in which he/she fails to appear

**ON-DECK ENTRIES:** Late entries will be accepted each day up to 30 minutes before the start of the meet. Those swimmers missing the 6:00 p.m. Friday, May 25th deadline may enter the meet on deck in the following manner:  
1. Swimmers must pay \$7.50 per individual entry at the time of entry and \$15.00 for relays.

2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into the events according to their best times.
3. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in an event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.

At the discretion of the meet referee on deck entries may be limited to fill existing heats

**ENTRY INFORMATION: Entry Times:** Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). Swimmers may enter with a no-time (NT).

**Qualifying Times: N/A**

**Cut-Off Times:** Swimmers must not have equaled or bettered the attached cut-off times. Cut off times are 2005-2008 National Motivational A times and are included in this invitation.

**Age:** Age group determine as of June 1<sup>st</sup>, 2007

**Number of Events:** Swimmers may compete in up to 4 individual events per day exclusive of relays.

**Deadline:** Entries must be in the hands of the Meet Entry Chairman no later than 6:00 p.m. on Friday, **May 25<sup>th</sup>, 2007**. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chairman at:

**Kevin Little**  
**17723 Moss Point Drive**  
**Spring, Texas 77379**  
**281-257-2742**  
[Kevin.Little@dhl.com](mailto:Kevin.Little@dhl.com)

**Entries:** All teams entering 10 or more swimmers MUST submit their entries on a CD, flash drive (**returned on first day of meet, write team name on drive**) or electronically via e-mail (No Floppy Diskettes), using the Hy-Tek Meet Manager/Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay-only swimmers on your completed entry form, flash drive, or electronic submission.

Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

**Eligible Teams:** Swimmers who are currently registered with PACK, AGS, ALAC, BTA, CFSC, CSC, HCAP, LJAC, LSST, MAC, NCAT, OWLS, RICE, SACI, TAMU, TTST, TWST, TYES.

**Fees:** \$3.75 per Individual Event and \$7.50 for each Relay event. Make checks payable to **Premier Aquatics Club**. Entry fees must accompany entries, if delivered by any method other than email.

**AWARDS:** Individual events: ribbons 1st - 8th place. Relay events: ribbons 1st - 3rd place.

**SCORING:**

Individual Events: 9-7-6-5-4-3-2-1  
Relay Events: 18-14-12-10-8-6-4-2

**RULES AND SANCTIONS:** The 2006-07 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. The three event rule and up/down rule do not apply. Gulf group B teams are not eligible to swim at this meet.

Swimmers are not eligible to swim an event, if they have times equal to or better than the listed cut-off times for that event. Once swimmers have qualified for a particular division in an event, prior to the entry deadline stated in the meet invitation, they may not swim that event in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Referee.

Any swimmer is eligible to be a swimmer of a relay team competing at a meet as long as the swimmer is not competing in a stroke and distance in which they have equaled or bettered the cut off time for the division in which the relay is competing; i.e., swimmers do not compete in "BB" meet relays in a stroke and distance in which they have an "A" time. Further swimmers age 13 and over are not eligible to swim the breaststroke, backstroke or butterfly leg in a 200 yard or meter medley relay, if they have equaled or bettered the cut off time in the 100 yard or meter distance of that stroke for the division in which the relay is competing.

**TIMING SYSTEM:**

A Colorado Model 5000 electronic timing system with electronic scoreboard will be used. Two watches per lane and backup button will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 1650 and 500 freestyle must provide their own timers and lap counter.

**POOL DECK RESTRICTION:**

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

**PROOF OF TIME:**

Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, **Herb Schwab**

**SWIMMERS WITH DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**CONCESSIONS:**

Concessions will be available. Vendors and locations will be listed in the psych sheet

**HOSPITALITY:**

A hospitality room will be available. Location will be listed in psych sheet

**SETUPS:**

Primarily setups will be allowed in the Klein Oak Gym. There will be no setups allowed on deck or in the viewing area located in the upper deck.

**MERCHANDISE:**

**Swim Shops of the Southwest** will be at the meet selling swim apparel and swim gear.

**MEET RESULTS:**

Meet results will be posted on the Klein Aquatics ([www.kleinaquatics.com](http://www.kleinaquatics.com)) and the Gulf ([www.gulfswimming.org](http://www.gulfswimming.org)) pages within 3 days after the meet.

<b>Entry Rules</b>		<b>6/1, 6/2 &amp; 6/3 BB &amp; Under meet for all ages Order of Events</b>  <b>Hosted by Premier Aquatics Club of Klein Group A</b>
Type of Meet	Timed Yards Finals	
Max # of individual events per day	Four (4)	
Swimmers eligible	Group A	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times	A Times	
Entry with no time?	Yes	
Gulf "three event" rule applies?	Does not apply	
Gulf "up/down" rule applies?	Does not apply	
Fees	Individual \$3.75 Relays \$7.50	

**Friday June 1<sup>st</sup>, 2007**

**Cut Off Times**

**Cut Off Times**

LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
6.02.29	5.53.19	5.19.59	1	13-14	400 I.M.*	2	5.02.39	5.34.19	5.46.19
5.56.59	5.47.09	5.14.09	1	15 & Over	400 I.M.*	2	4.49.09	5.19.49	5.29.99
3.20.59	3.14.49	2.55.99	3	10 & Under	200 I.M.	4	2.55.29	3.13.69	3.18.89
3.00.19	2.55.19	2.38.59	5	11-12	200 I.M.	6	2.35.89	2.52.29	2.58.09
2.29.39	2.25.29	2.11.49	7	15 & Over	200 Free	8	2.00.79	2.13.49	2.18.99
2.32.59	2.28.29	2.14.19	9	13-14	200 Free	10	2.05.79	2.18.99	2.24.99

- The 400 I.M. and 500/1650 Freestyle will be swum fastest to slowest, alternating girls and boys heats. For the 13-14 and 15 & Over age groups, the events will be combined and scored separately.

## Saturday June 2<sup>nd</sup>, 2007

Cut Off Times

Cut Off Times

LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
3.23.69	3.16.29	2.57.69	11	11-12	200 Breast	12	2.52.99	3.11.09	3.21.19
2.48.09	2.43.89	2.28.39	13	15 & Over	200 I.M.	14	2.15.69	2.29.89	2.37.09
2.52.39	2.47.19	2.31.29	15	13-14	200 I.M.	16	2.21.89	2.36.69	2.42.79
1.38.69	1.35.79	1.26.69	17	10 & Under	100 Fly	18	1.25.69	1.34.69	1.37.19
1.22.89	1.21.29	1.13.59	19	11-12	100 Fly	20	1.12.19	1.19.79	1.22.09
1.17.29	1.15.19	1.08.09	21	13-14	100 Fly	22	1.03.39	1.10.09	1.11.99
1.15.89	1.13.89	1.06.89	23	15 & Over	100 Fly	24	1.00.49	1.06.89	1.09.09
36.49	35.79	32.39	25	8 & Under	50 Free	26	31.89	35.29	36.19
36.49	35.79	32.39	27	9-10	50 Free	28	31.89	35.29	36.19
33.69	32.89	29.79	29	11-12	50 Free	30	28.59	31.59	32.99
32.79	31.69	28.69	31	13-14	50 Free	32	26.59	29.39	30.59
32.29	31.19	28.19	33	15 & Over	50 Free	34	25.39	27.99	29.39
NT	NT	NT	35	10 & Under	200 Medley Relay	36	NT	NT	NT
NT	NT	NT	37	11-12	200 Medley Relay	38	NT	NT	NT
NT	NT	NT	39	13-14	200 Medley Relay	40	NT	NT	NT
NT	NT	NT	41	15 & Over	200 Medley Relay	42	NT	NT	NT
1.35.29	1.30.89	1.22.19	43	10 & Under	100 Back	44	1.21.69	1.30.19	1.33.69
1.26.29	1.22.79	1.14.89	45	11-12	100 Back	46	1.12.29	1.19.89	1.23.59
2.51.39	2.42.79	2.27.29	47	13-14	200 Back	48	2.19.49	2.34.19	2.41.59
2.47.29	2.41.19	2.25.89	49	15 & Over	200 Back	50	2.12.69	2.26.59	2.34.29
48.29	46.49	41.99	51	8 & Under	50 Breast	52	42.49	46.89	48.49
48.29	46.49	41.99	53	9-10	50 Breast	54	42.49	46.89	48.49
42.09	41.99	37.99	55	11-12	50 Breast	56	37.59	41.49	43.09
1.29.09	1.26.19	1.17.99	57	13-14	100 Breast	58	1.12.29	1.19.89	1.23.59
1.27.69	1.24.39	1.16.39	59	15 & Over	100 Breast	60	1.09.19	1.16.49	1.20.59
6.09.69	5.57.39	6.48.39	61	10 & Under	500 Free *	62	6.44.59	5.54.09	6.06.79
5.32.39	5.23.19	6.09.29	63	11-12	500 Free*	64	6.04.69	5.19.19	5.29.19
5.16.59	5.08.89	5.52.99	65	13-14	500 Free*	66	5.39.39	4.56.99	5.05.59
5.12.19	5.04.89	5.48.39	65	15 & Over	500 Free*	66	5.25.29	4.44.69	4.53.29

- The 400 I.M. and 500/1650 Freestyle will be swum fastest to slowest, alternating girls and boys heats. For the 13-14 and 15 & Over age groups, the events will be combined and scored separately.
- Swimmers in the 500/1650 Freestyle must provide 2 timers and a lap counter.

## Sunday June 3<sup>rd</sup>, 2007

### Cut Off Times

### Cut Off Times

LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
3.00.69	2.53.59	2.37.09	67	11-12	200 Back	68	2.33.79	2.49.99	3.00.29
2.44.69	2.41.99	2.26.59	69	15 & Over	200 Fly	70	2.14.39	2.28.49	2.32.19
2.49.49	2.44.19	2.28.59	71	13-14	200 Fly	72	2.20.79	2.35.59	2.39.89
36.59	36.09	32.69	73	11-12	50 Fly	74	32.39	35.79	36.59
42.09	41.19	37.29	75	9-10	50 Fly	76	36.69	40.49	40.99
42.09	41.19	37.29	77	8 & Under	50 Fly	78	36.69	40.49	40.99
1.09.59	1.07.49	1.01.09	79	15 & Over	100 Free	80	55.39	1.01.19	1.04.09
1.11.09	1.08.79	1.02.19	81	13-14	100 Free	82	57.99	1.04.09	1.06.59
1.14.09	1.09.69	1.03.09	83	11-12	100 Free	84	1.02.89	1.09.49	1.11.59
1.21.89	1.19.89	1.12.29	85	9-10	100 Free	86	1.10.79	1.18.19	1.20.59
1.21.89	1.19.89	1.12.29	87	8 & Under	100 Free	88	1.10.79	1.18.19	1.20.59
3.02.59	2.56.49	2.39.69	89	11-12	200 Fly	90	2.38.29	2.54.89	3.00.89
NT	NT	NT	91	15 & Over	200 Free Relay	92	NT	NT	NT
NT	NT	NT	93	13-14	200 Free Relay	94	NT	NT	NT
NT	NT	NT	95	11-12	200 Free Relay	96	NT	NT	NT
NT	NT	NT	97	10 & Under	200 Free Relay	98	NT	NT	NT
3.08.49	3.01.99	2.44.69	99	15 & Over	200 Breast	100	2.30.09	2.45.89	2.54.29
3.11.99	3.05.69	2.47.99	101	13-14	200 Breast	102	2.36.29	2.52.69	3.02.39
1.33.79	1.30.79	1.22.19	103	11-12	100 Breast	104	1.21.09	1.29.59	1.33.59
1.47.09	1.43.19	1.33.39	105	10 & Under	100 Breast	106	1.32.69	1.42.39	1.45.99
1.18.29	1.14.79	1.07.69	107	15 & Over	100 Back	108	1.01.29	1.07.79	1.11.69
1.20.09	1.15.89	1.08.69	109	13-14	100 Back	110	1.04.89	1.11.69	1.15.09
39.19	37.89	34.29	111	11-12	50 Back	112	33.69	37.29	38.79
43.69	42.19	38.19	113	9-10	50 Back	114	38.39	42.39	44.19
43.69	42.19	38.19	115	8 & Under	50 Back	116	38.39	42.39	44.19
2.39.19	2.34.89	2.20.19	117	11-12	200 Free	118	2.16.59	2.30.89	2.35.69
2.58.69	2.52.79	2.36.39	119	10 & Under	200 Free	120	2.31.89	2.47.89	2.52.39
20.39.7 9	20.05.0 9	20.12.1 9	121	13-14	1650 Free*	122	19.29.4 9	19.22.6 9	20.13.0 9
20.28.3 9	19.51.9 9	19.58.8 9	121	15 & Over	1650 Free*	122	18.47.9 9	18.41.3 9	19.22.9 9

- The 400 I.M. and 500/1650 Freestyle will be swum fastest to slowest, alternating girls and boys heats. For the 13-14 and 15 & Over age groups, the events will be combined and scored separately.
- Swimmers in the 500/1650 Freestyle must provide 2 timers and a lap counter.

*ENTRY VERIFICATION*  
APPENDIX E

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Date

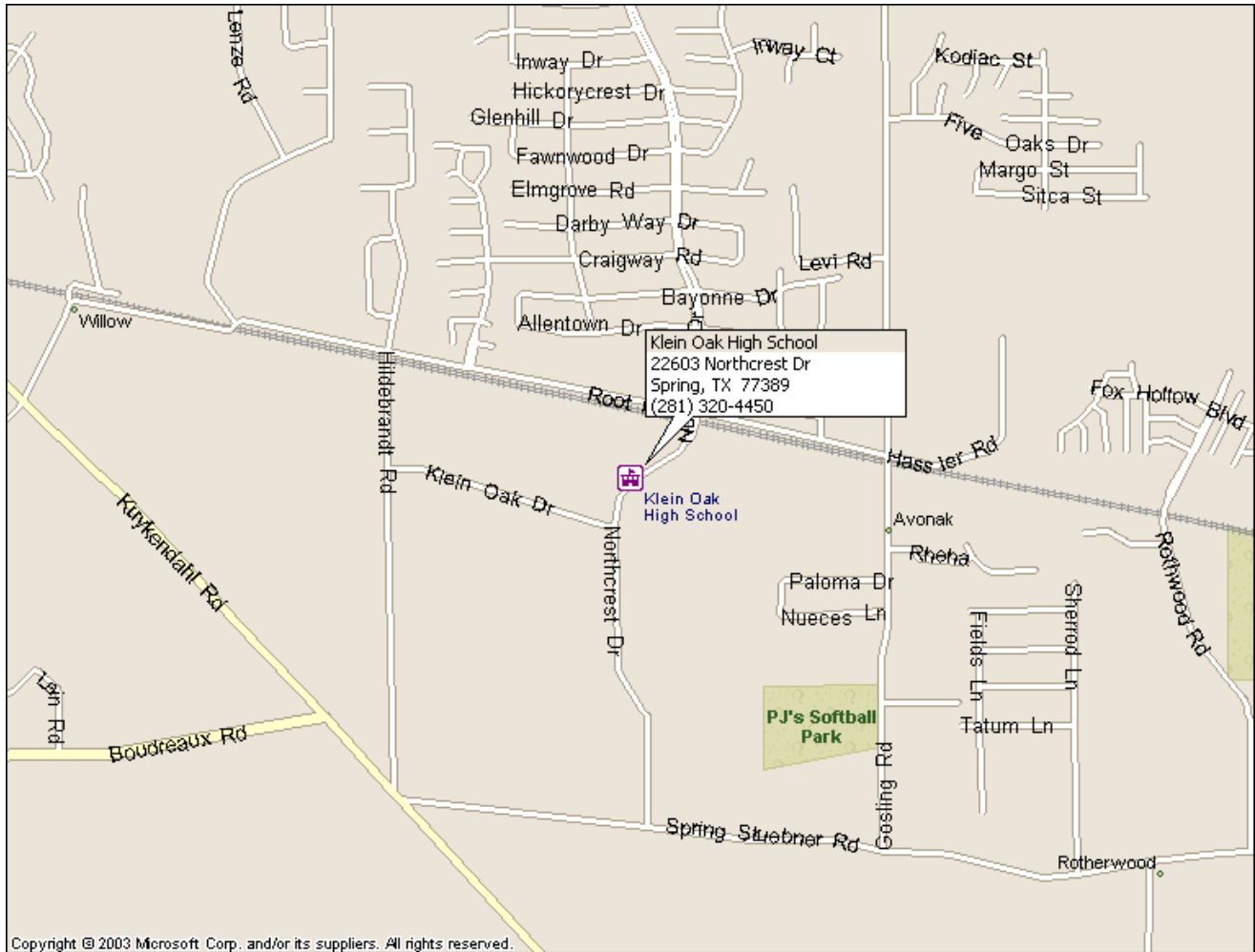


## WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

## SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.



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