

2007 BB & Under
HOSTED BY
Premier Aquatics Club of Klein
Timed Yards Final Events, For Gulf Group A Teams
May 11th, 12th and 13th, 2007
SANCTION # GULC 07-008

LOCATION: Tomball High School Natatorium
13946 Zion Rd
Tomball, TX 77375

Directions: *Take Tomball Parkway to Zion Road. Stay on Zion Road for 0.6 miles. Natatorium will be on left hand side (map included with invitation)*

COACHES: **Michael McCauley** Head Coach
Shane McCauley Head Age Group Coach
Jennie Shamburger Age Group Coach

POOL: Eight lane, 25 yard pool with non-turbulent lane lines with separate bulkhead warm down area

TIME AND DATE: This is a timed Final meet Friday, Saturday and Sunday May 11th, 12th and 13th, 2007
Friday Warm-Up at 5:00 to 6:15, meet will begin at 6:30. First Session Saturday and Sunday
Warm-Up at 7:30 a.m., meet starts at 9:00 a.m. If the morning session runs past 12 noon;
warm ups for the afternoon session will begin immediately upon the completion of the morning
session and the afternoon session competition will commence one (1) hour after the
completion of the morning session of 1:00 PM; whichever is later. (TIMED FINAL EVENTS)
***Split warm-ups will be in effect for Saturday and Sunday, with assignments posted on the
Gulf Swimming web site and the psych sheets***
Lane assignments for warm-ups and timing will be designated in the psych sheet, and posted on
the Gulf Swimming website at least three days prior to the start of the meet.

FLYOVER STARTS: This meet will be run using the "Flyover Start" procedures unless a waiver is received from the
Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall
remain in the water until after the next heat is started. Coaches, please remind your swimmers
of the "Flyover Start" procedures.

MEET REFEREE: Jay Cookingham; Phone: 281-370-9755, Email: jaycooker@sbcglobal.net

MEET DIRECTOR: Kevin Little, Phone: 281-257-2742, Email: Kevin.Little@dhl.com

SAFETY MARSHAL: Frank Patterson

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING: The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck
rules.

CHECK-IN: All swimmers must check in with the Clerk of the Course for all events. Swimmers are required to
circle-in at least 45 minutes before their event. After the events are officially closed, no one may
check in or scratch. Relay cards are due at 8:15 AM and 12:15 PM daily or the entry will be
considered scratched. After circling in, failure to appear at the starting blocks will result in the
swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman
Herb Schwab, for each event in which he/she fails to appear

ON-DECK ENTRIES: Late entries will be accepted each day up to 30 minutes before the start of the meet. Those
swimmers missing the 6:00 p.m. Friday, May 4th deadline may enter the meet on deck in the

following manner:

1. Swimmers must pay \$7.50 per individual entry at the time of entry and \$15.00 for relays.
2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into the events according to their best times.
3. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in an event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.

At the discretion of the meet referee on deck entries may be limited to fill existing heats

ENTRY INFORMATION: Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). Swimmers may enter with a no-time (NT).

Qualifying Times: N/A

Cut-Off Times: Swimmers must not have equaled or bettered the attached cut-off times. Cut off times are 2005-2008 National Motivational A times and are included in this invitation.

Age: Age group determine as of May 11th, 2007

Number of Events: Swimmers may compete in up to 3 individual events per day exclusive of relays. 1000 Free does not count as one of the 3 events per day
11-12 & 10&Under 500 Free do not count as one of the 3 events per day

Deadline: Entries must be in the hands of the Meet Entry Chairman no later than 6:00 p.m. on Friday, **May 4th, 2007**. Do not send entries via Federal Express, etc., that require a signature; If you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chairman at: **Kevin Little**

**17723 Moss Point Drive
Spring, Texas 77379
281-257-2742
Kevin.Little@dhl.com**

Entries: All teams entering 10 or more swimmers MUST submit their entries on a CD, flash drive (**returned on first day of meet, write team name on drive**) or electronically via e-mail (No Floppy Diskettes), using the Hy-Tek Meet Manager/Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay-only swimmers on your completed entry form, flash drive, or electronic submission.

Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

Eligible Teams: Swimmers who are currently registered with PACK, ALAC, BRAZ, BTA, CFSC, CGA, ESA, KATY, LJAC, MAC, NEHA, NWAV, OWLS, RICE, SPA, SS, TTST, TWST.

Fees: \$3.75 per Individual Event and \$7.50 for each Relay event. Make checks payable to **Premier Aquatics Club**. Entry fees must accompany entries, if delivered by any method other than email.

AWARDS: Individual events: Individual events: ribbons 1st - 8th place. Relay events: ribbons 1st - 3rd place.

SCORING:

Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

RULES AND SANCTIONS: The 2006-07 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. The three event rule and up/down rule do not apply. Gulf group B teams are not eligible to swim at this meet.

Swimmers are not eligible to swim an event, if they have times equal to or better than the listed cut-off times for that event. Once swimmers have qualified for a particular division in an event, prior to the entry deadline stated in the meet invitation, they may not swim that event in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Referee.

Any swimmer is eligible to be a swimmer of a relay team competing at a meet as long as the swimmer is not competing in a stroke and distance in which they have equaled or bettered the cut off time for the division in which the relay is competing; i.e., swimmers do not compete in "BB" meet relays in a stroke and distance in which they have an "A" time. Further swimmers age 13 and over are not eligible to swim the breaststroke, backstroke or butterfly leg in a 200 yard or meter medley relay, if they have equaled or bettered the cut off time in the 100 yard or meter distance of that stroke for the division in which the relay is competing.

TIMING SYSTEM:

A Colorado Model 5000 electronic timing system with electronic scoreboard will be used. Two watches per lane and backup button will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 1000 and 500 freestyle must provide their own timers and lap counter.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

PROOF OF TIME:

Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, **Herb Schwab**

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS:

Concessions will be available. Vendors and locations will be listed in the psych sheet

HOSPITALITY:

A hospitality room will be available. Location will be listed in psych sheet

SETUPS:

Primarily setups will be outside. There will be no setups allowed on deck.

MERCHANDISE:

Swim Shops of the Southwest will be at the meet selling swim apparel and swim gear.

MEET RESULTS:

Meet results will be posted on the Klein Aquatics (www.kleinaquatics.com) and the Gulf (www.gulfswimming.org) pages within 3 days after the meet.

Entry Rules		5/11, 5/12 & 5/13 BB & Under meet for all ages Order of Events Hosted by Premier Aquatics Club of Klein Group A
Type of Meet	Timed Yards Finals	
Max # of individual events per day	Three (3) 1000 Free does not count as one of the 3 events per day 11-12 and 10 & Under 500 Free do not count as one of the 3 events per day	
Swimmers eligible	Group A	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times	A Times	
Entry with no time?	Yes	
Gulf "three event" rule applies?	Does not apply	
Gulf "up/down" rule applies?	Does not apply	
Fees	Individual \$3.75 Relays \$7.50	

Cut Off Times				Friday PM		Cut Off Times			
LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
6.02.29	5.53.19	5.19.59	1	13-14	400 I.M.*	2	5.02.39	5.34.19	5.46.19
5.56.59	5.47.09	5.14.09		15 & Over			4.49.09	5.19.49	5.29.99
3.00.19	2.55.19	2.38.59	3	11-12	200 I.M.	4	2.35.89	2.52.29	2.58.09
2.29.39	2.25.29	2.11.49	5	15 & Over	200 Free	6	2.00.79	2.13.49	2.18.99
2.32.59	2.28.29	2.14.19	7	13-14	200 Free	8	2.05.79	2.18.99	2.24.99

Cut Off Times				Saturday AM		Cut Off Times			
LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
NT	NT	NT	9	15 & Over	200 Free Relay	10	NT	NT	NT
NT	NT	NT	11	13-14	200 Free Relay	12	NT	NT	NT
1.09.59	1.07.49	1.01.09	13	15 & Over	100 Free	14	55.39	1.01.19	1.04.09
1.11.09	1.08.79	1.02.19	15	13-14	100 Free	16	57.99	1.04.09	1.06.59
2.44.69	2.41.99	2.26.59	17	15 & Over	200 Fly	18	2.14.39	2.28.49	2.32.19
2.49.49	2.44.19	2.28.59	19	13-14	200 Fly	20	2.20.79	2.35.59	2.39.89
1.18.29	1.14.79	1.07.69	21	15 & Over	100 Back	22	1.01.29	1.07.79	1.11.69
1.20.09	1.15.89	1.08.69	23	13-14	100 Back	24	1.04.89	1.11.69	1.15.09
3.08.49	3.01.99	2.44.69	25	15 & Over	200 Breast	26	2.30.09	2.45.89	2.54.29
3.11.99	3.05.69	2.47.99	27	13-14	200 Breast	28	2.36.29	2.52.69	3.02.39
10.47.9 9	10.36.7 9	12.07.5 9	29	13-14	1000 Free*	30	11.41.4 9	10.13.8 9	10.31.2 9
10.41.8 9	10.26.4 9	11.55.8 9	29	15 & Over		30	11.12.1 9	9.48.29	10.04.5 9

Cut Off Times				Saturday PM		Cut Off Times			
LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
NT	NT	NT	31	11-12	200 Free Relay	32	NT	NT	NT
NT	NT	NT	33	10 & Under	200 Free Relay	34	NT	NT	NT
3.02.59	2.56.49	2.39.69	35	11-12	200 Fly	36	2.38.29	2.54.89	3.00.89
1.21.89	1.19.89	1.12.29	37	8 & Under	100 Free	38	1.10.79	1.18.19	1.20.59
1.21.89	1.19.89	1.12.29	39	9-10	100 Free	40	1.10.79	1.18.19	1.20.59
1.14.09	1.09.69	1.03.09	41	11-12	100 Free	42	1.02.89	1.09.49	1.11.59
42.09	41.19	37.29	43	8 & Under	50 Fly	44	36.69	40.49	40.99
42.09	41.19	37.29	45	9-10	50 Fly	46	36.69	40.49	40.99
36.59	36.09	32.69	47	11-12	50 Fly	48	32.39	35.79	36.59
43.69	42.19	38.19	49	8 & Under	50 Back	50	38.39	42.39	44.19
3.23.69	3.16.29	2.57.69	51	11-12	200 Breast	52	2.52.99	3.11.09	3.21.19
43.69	42.19	38.19	53	9-10	50 Back	54	38.39	42.39	44.19
39.19	37.89	34.29	55	11-12	50 Back	56	33.69	37.29	38.79
1.47.09	1.43.19	1.33.39	57	10 & Under	100 Breast	58	1.32.69	1.42.39	1.45.99
1.33.79	1.30.79	1.22.19	59	11-12	100 Breast	60	1.21.09	1.29.59	1.33.59
2.58.69	2.52.79	2.36.39	61	10 & Under	200 Free	62	2.31.89	2.47.89	2.52.39
2.39.19	2.34.89	2.20.19	63	11-12	200 Free	64	2.16.59	2.30.89	2.35.69

Cut Off Times				Sunday AM		Cut Off Times			
LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
NT	NT	NT	65	15 & Over	200 Medley Relay	66	NT	NT	NT
NT	NT	NT	67	13-14	200 Medley Relay	68	NT	NT	NT
2.48.09	2.43.89	2.28.39	69	15 & Over	200 I.M.	70	2.15.69	2.29.89	2.37.09
2.52.39	2.47.19	2.31.29	71	13-14	200 I.M.	72	2.21.89	2.36.69	2.42.79
32.29	31.19	28.19	73	15 & Over	50 Free	74	25.39	27.99	29.39
32.79	31.69	28.69	75	13-14	50 Free	76	26.59	29.39	30.59
1.15.89	1.13.89	1.06.89	77	15 & Over	100 Fly	78	1.00.49	1.06.89	1.09.09
1.17.29	1.15.19	1.08.09	79	13-14	100 Fly	80	1.03.39	1.10.09	1.11.99
2.47.29	2.41.19	2.25.89	81	15 & Over	200 Back	82	2.12.69	2.26.59	2.34.29
2.51.39	2.42.79	2.27.29	83	13-14	200 Back	84	2.19.49	2.34.19	2.41.59
1.27.69	1.24.39	1.16.39	85	15 & Over	100 Breast	86	1.09.19	1.16.49	1.20.59
1.29.09	1.26.19	1.17.99	87	13-14	100 Breast	88	1.12.29	1.19.89	1.23.59
5.16.59	5.08.89	5.52.99	89	13-14	500 Free*	90	5.39.39	4.56.99	5.05.59
5.12.19	5.04.89	5.48.39		15 & Over			5.25.29	4.44.69	4.53.29

Cut Off Times

Sunday PM

Cut Off Times

LCM	SCM	Yards	Girls	Event		Boys	Yards	SCM	LCM
NT	NT	NT	91	10 & Under	200 Medley Relay	92	NT	NT	NT
NT	NT	NT	93	11-12	200 Medley Relay	94	NT	NT	NT
36.49	35.79	32.39	95	8 & Under	50 Free	96	31.89	35.29	36.19
36.49	35.79	32.39	97	9-10	50 Free	98	31.89	35.29	36.19
33.69	32.89	29.79	99	11-12	50 Free	100	28.59	31.59	32.99
1.38.69	1.35.79	1.26.69	101	10 & Under	100 Fly	102	1.25.69	1.34.69	1.37.19
1.22.89	1.21.29	1.13.59	103	11-12	100 Fly	104	1.12.19	1.19.79	1.22.09
1.35.29	1.30.89	1.22.19	105	10 & Under	100 Back	106	1.21.69	1.30.19	1.33.69
1.26.29	1.22.79	1.14.89	107	11-12	100 Back	108	1.12.29	1.19.89	1.23.59
48.29	46.49	41.99	109	8 & Under	50 Breast	110	42.49	46.89	48.49
48.29	46.49	41.99	111	9-10	50 Breast	112	42.49	46.89	48.49
42.09	41.99	37.99	113	11-12	50 Breast	114	37.59	41.49	43.09
3.20.59	3.14.49	2.55.99	115	10 & Under	200 I.M.	116	2.55.29	3.13.69	3.18.89
3.00.69	2.53.59	2.37.09	117	11-12	200 Back	118	2.33.79	2.49.99	3.00.29
6.09.69	5.57.39	6.48.39	119	10 & Under	500 Free*	120	6.44.59	5.54.09	6.06.79
5.32.39	5.23.19	6.09.29	121	11-12	500 Free*	122	6.04.69	5.19.19	5.29.19

ENTRY VERIFICATION
APPENDIX E

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

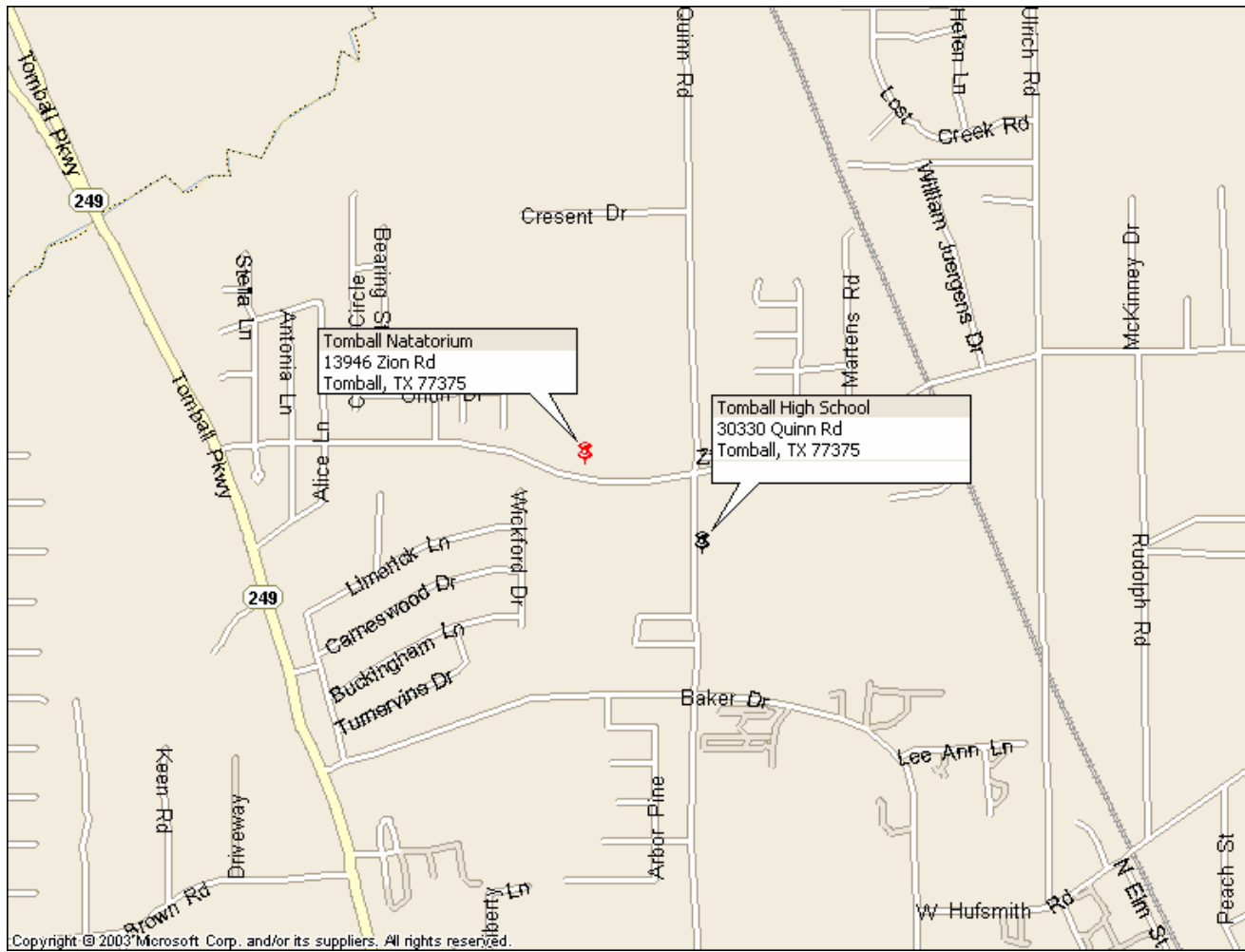
Date

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

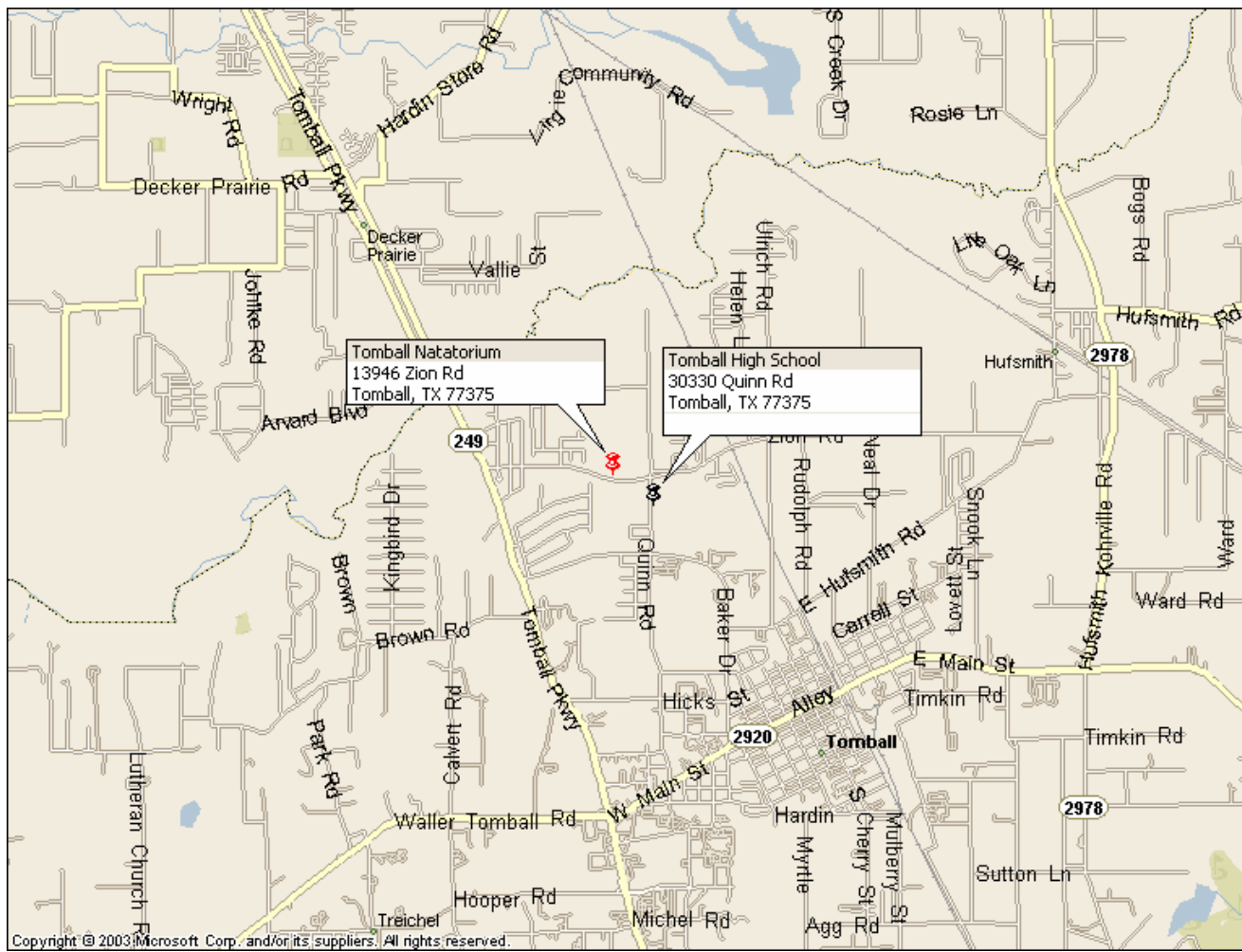
SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.



Tomball Natatorium
13946 Zion Rd
Tomball, TX 77375

Tomball High School
30330 Quinn Rd
Tomball, TX 77375



Tomball Natatorium
13946 Zion Rd
Tomball, TX 77375

Tomball High School
30330 Quinn Rd
Tomball, TX 77375