



FIRST COLONY SWIM TEAM

Warm Up Assignments- 2007 Summer Champs

*Note: due to the size of the meet, we will utilize three warm up sessions at 25 minutes each. There is also a 3 lane, 25-yard pool available at all times.

GROUP A

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY/ COOG	CFSC	CFSC	CFSC	FCST	FCST

GROUP B

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HSC	HSC	PACK	PACK/ NCAT	TWST	TWST/ LSST	BTA	BTA/ WHAT/ GIST

GROUP C

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA	AQUA/ SCAT/ BRAZ	HCAP	HCAP/ SAC/ TTST	SPA	SPA/ AGS	DADS/ LJAC	ESA/ MAC

	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
7:00- 7:25	Group A	Group C	Group B
7:25- 7:50	Group B	Group A	Group C
7:50- 8:15	Group C	Group B	Group A



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Timing Assignments- 2007 Summer Champs

*Teams not assigned to time are asked to aid when relief timers are needed.

** Swimmers in the 400 free and 1500 free will need to provide your own timer.

***Teams with swimmers in finals are expected to provide timers for finals.

Scoreboard End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	HSC	CFSC	CFSC	PACK	TWST	AQUA
KATY	HSC	HSC	CFSC	WHAT	PACK	TWST	AQUA

Lobby End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
BTA	AGS	HCAP	SPA	DADS	SAC	COOG	MAC
BTA	AGS/LSST	HCAP	SPA	DADS/MAC	ESA	SCAT	BRAZ/LJAC