

**2007 GULF Group A Open Meet  
A LONG COURSE TIMED FINALS MEET  
Hosted By  
Fleet Swimming – Cy Fair Swim Club  
April 20 – 22, 2007  
Sanction # GULC 07-002**

**Friday evening Warm Up Schedule**

**Friday (April 20) 5:00 – 5:40 Warm Up #1**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC

**5:40-6:15 Warm Up #2**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
KATY	KATY	KATY	KATY	PACK	PACK	UPACK	UPACK	MAC	TTST, CGA, LJAC

**Timing Assignments**

**Friday Evening (Girls End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
PACK, PACK	PACK, UPACK	UPACK, UPACK	MAC, MAC	CFSC, CFSC	CFSC, CFSC	CFSC, CFSC	KATY, KATY	KATY, TTST, CGA

**Friday Evening (Boys End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
PACK, PACK	PACK, UPACK	UPACK, UPACK	MAC, MAC	CFSC, CFSC	CFSC, CFSC	CFSC, CFSC	KATY, KATY	KATY, TTST, CGA

**Teams must supply Timers for 400 IM's and 400 Freestyle's to keep meet moving.**

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**Saturday Morning Warm Up Schedule**

**Saturday Morning 7:30 – 8:10 Warm Up # 1**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	PACK	PACK, UPACK	UPACK

**Saturday Morning 8:10 – 8:50 Warm Up # 2**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
KATY	KATY	KATY	MAC	MAC	DADS	DADS	CGA, LJAC	TTST, ALAC	CSC, NCAT, UNAT

**Saturday Morning Timing Assignments**

**Saturday Morning (Girls End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
KATY, KATY	KATY, KATY	DADS, DADS	CFSC, CFSC	CFSC, CFSC	MAC, MAC	PACK, PACK	UPACK, UPACK	CGA, TTST

**Saturday Morning (Boys End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
KATY, KATY	KATY, KATY	DADS, DADS	CFSC, CFSC	CFSC, CFSC	MAC, MAC	PACK, PACK	UPACK, UPACK	UPACK, LJAC, TTST

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**Saturday Afternoon Warm Up Schedule  
(Will not start before 12:00 Noon or 1 hour after completion of morning Session)**

**Saturday Afternoon 12:00 – 12:30 Warm Up #1**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	PACK	PACK, UPACK	UPACK

**Saturday Afternoon 12:30 – 1:00 Warm Up #2**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
KATY	KATY	KATY	KATY,	MAC	MAC, TTST	TTST	DADS, LJAC	ETEX, CGA	ALAC, All Others

**Saturday Afternoon Timing Assignments**

**Saturday Afternoon (Girls End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
DADS, ALAC	MAC, MAC	KATY, KATY	KATY, KATY	CFSC, CFSC	CFSC, CFSC	PACK, PACK	UPACK, UPACK	TTST, TTST

**Saturday Afternoon (Boys End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
DADS, LJAC	MAC, MAC	KATY, KATY	KATY, KATY	CFSC, CFSC	CFSC, CFSC	PACK, PACK	UPACK, UPACK	TTST, TTST

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**Sunday Morning Warm Up Schedule**

**Sunday Morning 7:30 – 8:10 Warm Up # 1**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC

**Sunday Morning 8:10 – 8:50 Warm Up # 2**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
KATY,	KATY	MAC	MAC	DADS	TTST, CGA	PACK	PACK, UPACK	UPACK	All Others

**Sunday Morning Timing Assignments**

**Sunday Morning (Girls End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
UPACK, UPACK	PACK, PACK	KATY, KATY	MAC, MAC	CFSC, CFSC	CFSC, CFSC	CFSC, CFSC	DADS, DADS	TTST, CGA

**Sunday Morning (Boys End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
UPACK, UPACK	PACK, PACK	KATY, KATY	MAC, MAC	CFSC, CFSC	CFSC, CFSC	CFSC, CFSC	DADS, DADS	TTST, CGA

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**Sunday Afternoon 12:00 – 12:30 Warm Up #1**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	PACK	PACK	UPACK	UPACK

**Sunday Afternoon 12:30 – 1:00 Warm Up #2**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
KATY	KATY	KATY	KATY	MAC	MAC	TTST	TTST	CGA, ETEX	DADS, LJAC, All others

**Sunday Afternoon Timing Assignments**

**Saturday Afternoon (Girls End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
DADS, LJCA, ETEX	MAC, MAC	KATY, KATY	KATY, KATY	CFSC, CFSC	CFSC, CFSC	PACK, PACK	UPACK, UPACK	TTST, TTST

**Saturday Afternoon (Boys End)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
CGA, CGA	MAC, MAC	KATY, KATY	KATY, KATY	CFSC, CFSC	CFSC, CFSC	PACK, PACK	UPACK, UPACK	TTST, TTST