

GULF SWIMMING
CODE OF CONDUCT FOR TEAM ACTIVITIES
2007-2008

STATEMENT OF PURPOSE:

Gulf Swimming team activities are a privilege and should be treated as such. Chaperones, swimmers, and coaches are expected to represent themselves and the Gulf to the best of their ability. It is the responsibility of the parent and the home coach to understand and abide by this code. It is the responsibility of the Trip Staff to enforce the code.

Coaches, swimmers, and chaperones are representing Gulf Swimming, and must conduct themselves in a manner that reflects positively on Gulf Swimming at all times. Coaches, swimmers, and chaperones are expected to uphold Gulf Swimming's positive image at all times, including, but not limited to, traveling to and from the meet, on-deck at the meet, in hotels, restaurants, and during all extracurricular activities.

COACHES AND CHAPERONES EXCLUSIONS:

Except with the prior approval of the Board of Directors, Coaches, Chaperones, or any parents, who have a relative on the Gulf Swimming team, shall excuse themselves from the Trip Staff and shall not participate directly in any team activities, including, but not limited to, team practices, meet competition, travel, and entertainment.

COACHES' RESPONSIBILITIES:

1. Shall conduct themselves in a professional manner (i.e., being a good example of a coach in appearance, language and sportsmanship).
2. Shall not possess or consume any alcohol while on any Gulf Swimming LSC trips.
3. Shall not smoke or use any other tobacco products while on any Gulf Swimming LSC trips.
4. Shall not possess or use any illegal drugs while on any Gulf Swimming LSC trips.
5. Shall represent Gulf Swimming in a positive manner at all times.
6. Shall call meetings and communicate all known time schedules, daily meeting places, and expectations.
7. Shall check on athletes at all times, including but not limited to bed checks, to make sure that all athletes are where they are supposed to be.
8. Shall be assigned a gender and age group and will be responsible for warm ups and line ups.
9. Shall discipline athletes when and where appropriate as outlined below.

FAILURE OF THE COACHES TO ABIDE BY SUCH RULES ON GULF SWIMMING TRIPS WILL RESULT IN THE FOLLOWING:

1. Coach may have the behavior addressed by the head coach or other coaches on the trip (minor infraction).
2. Board of Review hearing (severe infraction). See "LSC Team Discipline Enforcement Procedure", page 3.

CHAPERONES' RESPONSIBILITIES (when included on trip):

1. Shall follow all directions of the coaching staff.
2. Shall help in the responsibilities of the coaches.

FAILURE OF THE CHAPERONES TO ABIDE BY SUCH RULES ON GULF SWIMMING TRIPS WILL RESULT IN THE FOLLOWING:

1. Chaperone may have the behavior addressed by the head coach or other coaches on the trip (minor infraction).
2. If the Chaperone is a member of USA Swimming, he shall be offered a Board of Review hearing (severe infraction). See "LSC Team Discipline Enforcement Procedure", page 3. If the Chaperone is not a member of USA Swimming, the Head Coach shall enforce

any punishment as he sees fit.

SWIMMERS' RESPONSIBILITIES:

1. Shall attend all meetings on time.
2. Shall follow rules and guidelines set up by this contract with Gulf Swimming.
3. Shall not to leave the hotel, pool area, or restaurants unaccompanied.
4. The Gulf recognizes that relationships are a natural development in a young person's life. But, the Gulf expects mature and responsible behavior at all times. Inappropriate physical expression and contact WILL NOT be allowed and will be subject to reprimand and discipline. Boys and girls WILL NOT meet in hotel rooms. They may meet in the lobby and other places indicated by the chaperones and coaching staff.
5. Curfews on meet nights will be no later than two (2) hours after the conclusion of the meet (hopefully by 9:00 p.m. – 10:00 p.m.). On the final night of the meet, after all swims are completed, curfew may be extended until 12:00 midnight at the discretion of the coaching staff depending upon the proper behavior of the squad.
6. There will be no running nor playing in the hallways of the hotel.
7. Rooms will be cleaned and picked up in an orderly manner.
8. All long distance telephone calls will be placed on calling cards or made collect.
9. There shall be no loud talking or loud music to disrupt anyone else's stay at the hotel.
10. At the meet, swimmers shall do all prescribed warm ups and events as directed by the coaches.
11. All coaches and chaperones are in charge. Swimmers are expected to follow the directions of all coaches and chaperones.
12. The safety of each individual is paramount. Swimmers shall behave in a manner which ensures the safety of themselves and others at all times.
13. The use of alcohol, tobacco, or illegal drugs is strictly prohibited.
14. The use of abusive language is prohibited.
15. Swimmer is responsible for any and all damages to property caused by said swimmer.

FAILURE OF THE SWIMMERS TO ABIDE BY SUCH RULES ON GULF SWIMMING TRIPS WILL RESULT IN THE FOLLOWING:

1. Swimmer may have the behavior addressed by the head coach or other coaches on the staff (minor infraction).
2. Swimmer may be scratched from the remaining meet or not be allowed to participate in the remainder of the activities (minor infraction). See "LSC Team Discipline Enforcement Procedure", page 3.
3. Swimmer may be sent home at the swimmer's expense (severe infraction). See "LSC Team Discipline Enforcement Procedure", page 3.
4. Board of Review hearing (severe infraction). See "LSC Team Discipline Enforcement Procedure", page 3.

It is anticipated that all involved will have a positive experience. For the safety of the swimmers, rule violations will be dealt with in a very direct manner. The very best is expected from all Gulf Swimming personnel associated with the meet .

I understand that I represent Gulf Swimming and that any inappropriate behavior from the beginning to the end of the trip, will not be tolerated. I have read and do hereby agree to and will abide by this Gulf Swimming Code of Conduct as stated above.

Swimmer's Name (print name)

Swimmer's Signature

Date

Parent/Guardian's Name (print name)

Parent/Guardian's Signature Date

Coach's Name (print name)

Coach's Signature

Date

Chaperone's Name (print name)

Chaperone's Signature

Date

GULF SWIMMING
LSC TEAM DISCIPLINE ENFORCEMENT PROCEDURE
2007-2008

The following procedure shall apply to any violation of the Gulf Swimming Code of Conduct or the USA Swimming Code of Conduct by an athlete that occurs during a Gulf Swimming All Star Team trip or Zone Team trip or any Gulf Swimming sponsored events (e.g., Camps) where the penalty is to be assessed during the trip.

1. The All Star/Zone Team/Camp Head Coach shall designate a staff member of the traveling team to investigate the violation.
2. Upon completion of the investigation, the Head Coach shall decide whether to proceed with the complaint and, if so, what penalty to seek. If the Head Coach elects to seek a penalty, which includes the athlete being scratched from an event or sent home, the athlete should be notified of the penalty sought, provided a copy of these procedures and notified that he/she has a right to an expedited hearing pursuant to these procedures.
3. If, after such notification, the athlete (or his legal guardian, if the athlete is younger than 18 years old) elects to accept the penalty, the Head Coach shall enforce the penalty and no hearing shall be held. If the athlete (or his legal guardian, if the athlete is younger than 18 years old) requests a hearing, a hearing panel of three (3) members shall be formed by the Head Coach. The panel shall include at least one (1) athlete member and shall not include either the investigating staff member or the Head Coach.
4. The Head Coach and/or the investigating staff member, on behalf of Gulf Swimming, shall present the facts of the violation to the hearing panel. Both Gulf Swimming and the athlete shall have the opportunity to present any additional evidence considered relevant by the panel and may call witnesses. After hearing the relevant facts and testimony, the hearing panel shall determine if the athlete did in fact violate the Code of Conduct and, if so, shall assess the penalty deemed appropriate by the panel.
5. The decision of the hearing panel shall be provided to the Head Coach and the athlete. The Head Coach shall be responsible for enforcing the penalty.

This procedure shall also be followed in the case of an alleged violation of the Gulf Swimming Code of Conduct or the USA Swimming Code of Conduct by a USA Swimming member coach, trainer, manager, administrator or official that occurs during an All Star/Zone Team trip where the penalty is to be assessed during the trip. The hearing panel shall include an athlete.

GULF SWIMMING
MEDICAL RELEASE FORM
2007-2008

I am the parent, guardian, or custodian of the swimmer named herein, and I consent to medical and surgical treatment during an emergency involving an immediate danger to the health and safety of the swimmer.

I authorize and empower the representatives Gulf Swimming to act on my behalf during an emergency involving an immediate danger to the health and safety of the swimmer and those representatives are authorized to consent to medical and surgical treatment.

I hereby release and agree to hold harmless Gulf Swimming and its representatives from any claims arising from such emergency medical treatment and from any source whatsoever during the period that the swimmer is participating in any trip sponsored or conducted by Gulf Swimming.

Swimmer's Name: _____

Parent/Guardian's Signature: _____ Date: _____

Parent/Guardian's Printed Name: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Swimmer's Physician: _____

Physician's Address: _____

Physician's Phone: _____

Insurance Coverage: _____

Policy Number: _____
(Attach copy of front and back of Insurance Coverage Card)

Any Known Food or Drug Allergies: _____

