

GULF SWIMMING  
SOUTHERN ZONE MEET INFORMATION  
2007-2008

There are 59 Local Swimming Committees (LSC) throughout the United States. USA Swimming has divided these LSC's into four (4) zones. Gulf Swimming is located in the Southern Zone, which includes the following Local Swimming Committees: North Carolina, Florida, Louisiana, Mississippi, North Texas, Southeastern, Kentucky, South Texas, Georgia, West Texas, Florida Gold Coast, West Virginia, Border, and South Carolina.

The following information pertains to the Gulf Swimming Zone Team.

1. **ELIGIBILITY** - No swimmer will be eligible to compete in the Zone Championships, if they have ever participated in an individual event at a National Championship, long course or short course, or if they have made the National qualifying time for an individual event in the current year, long course or short course.
2. **TEAM SELECTION** - Gulf Swimming will send forty-eight (48) swimmers. The Gulf Coaches' Association, with approval of the Gulf Swimming, Inc. Board of Directors will select those meets to be used in the selection process prior to May 1<sup>st</sup> of each year. Page 2 contains more details on the selection process.
3. **TRAVEL** - Through the surcharge on meet events, the Gulf has established a travel fund to help defray the travel costs of participating swimmers and coaches.
4. **CODE OF CONDUCT** - Each competitor will be required to sign a code of conduct before the meet.
5. **MEDICAL RELEASE FORM** - Each competitor will be required to complete and sign a medical release form before the meet.
6. **REPRESENTATIVE** - The Gulf Swimming's representative to the Southern Zone is:

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SOUTHERN ZONE TEAM SELECTION PROCESS  
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Gulf Swimming strives to select a highly competitive team to represent the LSC at the Southern Zone Age Group Championship Meet. The coaches of Gulf Swimming have used various methods to select the swimmers to form the Zone team. Each year, the Gulf Swimming coaches, with the approval of the Board of Directors, determine the actual process of selecting the swimmers. As an example, this following method has been used in past years, in order to select the Zone team. The actual process used to select the Zone team shall be determined by May 1<sup>st</sup> of each year.

1. The Gulf Swimming Zone Team consists of seven (7) swimmers in the 11-12 and 13-14 age group and ten (10) swimmers in the 15-18 age group. The age groups, as defined by the Southern Zone Committee, are 11-12, 13-14, and 15-18. A male and female team is selected in each age group.
2. All swimmer applications, received prior to the deadline as established by the coaches with the approval of the Board of Directors, are scored and considered for the team. The Head Coach of the Gulf Swimming Zone Team shall confirm the receipt of each application, either by phone or by e-mail, as soon as possible after receipt of the application. Gulf Swimming is not responsible for lost or delayed delivery of mail. Each swimmer's application shall be accompanied by a deposit. The amount of the deposit shall be determined by the Board of Directors. If the swimmer is selected for the Zone team, the deposit shall be applied to the swimmer's share of the cost of the Zone trip. The deposit shall be non-refundable, once the swimmer is selected for the Zone team. In the event that the swimmer is not selected for the Zone team, the deposit shall be refunded to the swimmer.
3. Each swimmer's application is scored based upon their best time achieved in the most recent Long Course season.
4. The coaches shall attempt to verify all submitted times. Any best times achieved at Long Course Gulf Champs are used in the scoring process.
5. Swimmers are scored only on the events offered for that age group at the Zones Meet. For example, the 11-12 age group is not scored on the 200 butterfly, as that event is not offered for that age group at the meet.
6. Every application is scored for all events offered to that age group. Points are awarded based on the following scale:

AA Time	1 (25 points)
AAA Time	2 (50 points)
AAAA Time	4 (100 points)

The total points awarded in the swimmer's top five events are added to arrive at the swimmer's score.

7. The team is selected based on the point totals. The top five (5) scores are the first five (5) members

of the team. In the event of a tie for fifth place, the sixth best event for each swimmer is added to the score. The remaining swimmers are selected either by total points or by the coach's discretion.

8. The scores of each swimmer shall be verified independently by at least two of the coaches on the Zone team staff.



